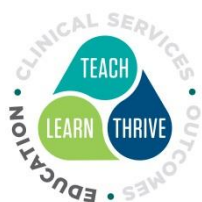




PRESENTS

WorkStrategies Symposium



Outpatient Education Department

TARGET AUDIENCE: AT

LEVEL: Intermediate

CONTACT HOURS: 8.0

Amy Garman is currently Product Manager for WorkStrategies with Select Medical. She has a Master of Education Degree from Arizona State University and a BS in Athletic Training from University of Wisconsin - LaCrosse. She received her Athletic Training certification in 1999 and practiced at the Division I college setting for 6 years. Amy has a CEAS II certification in ergonomics and has been continuing education courses for Select Medical since 2018. Amy has presented at many Health and Safety and Workers Compensation Symposiums and works with clinical staff in furthering their education and skills in the delivery of industrial injury prevention services.

Program Accreditation

Select Medical is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers; this course is approved for 8.0 Category A hours.



Non-Discrimination Statement: Select Medical does not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. Select Medical is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.

Course Description

This multi-day symposium is designed to bring together the leaders of employer-based on-site Work Strategies program to advance both the clinical and operational delivery of the program. Program consistency, effectiveness and quality varies across sites and between sites. Through this symposium leaders will be introduced to resources and tools to evaluate the program, design project management to execute a quality improvement project, and gain exposure to a new mentorship program to support new and developing providers to optimize the clinical and operational excellence throughout the WorkStrategies program.

Course Objectives

At the conclusion of this program, the participant will be able to:

- Articulate the components of both the Work Strategies employer-based OnSite program audit and mentorship program.
- Examine and evaluate existing tools and resources related to mentorship and certified on-site specialist program for optimization of new mentorship program.
- Execute project management for an injury prevention program including outcomes evaluation.

Agenda

Part 1: October 23, 2026, 11am-1pm ET

- Team Building - Work and Leadership Styles 30 minutes
- The Need and Intent for Program Standardization 10 minutes
- Program Audit 20 minutes
- Status of the Program and Business 10 minutes
- Mentorship and Certified Onsite Specialist updates 40 minutes
- Questions & independent work next steps 10 minutes

Part 2: Independent Work (2 hours)

- Review of current training and resources for mentorship and certified onsite specialist based on assigned topic 30 minutes
- Complete mentorship needs assessment using structured questions with grading rubric 90 minutes

Part 3: November 13, 2026, 11am-1pm ET

- Summary and Discussion on Mentorship Needs Assessment Results 15 minutes
- Review Program Metrics and Purpose of Prevention Programs 10 minutes
- Breakout Groups: Project Management for Prevention Programs
 - Breakout Group Activity 35 minutes
 - Establish Program, Identify Goals, Metrics, Timeline, Barriers / Needs
- Prevention Group Project Management Presentations to Large Group 50 minutes
- Summary and Independent Work Next Steps 10 minutes

Part 4: Independent Work (2 hours)

- Select prevention program to project management for quality improvement 15 minutes
- Complete project charter including description, goals, metrics, outcomes and timeline 75 minutes
- Initiate project charter including establishing baseline metrics 15 minutes

WorkStrategies Symposium

Please check: ☐ATC ☐PT ☐PTA ☐OT ☐OTA ☐Other _____
Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

(Please provide E-mail to receive electronic confirmation)

Registration Fee: \$30.00

Payment Options:

1. **Fax completed registration/payment info to 717-547-8515**

Check payable to: **Select Medical**

2. Credit Card: ☐Visa ☐MasterCard ☐Check

Credit Card number: _____

Expiration Date: _____ CCV Code: _____

Signature: _____

3. **Mail Registration and Check to:**

Select Medical Attn: Erin Melton

1340 Gaskins Road, Unit 12, Richmond, VA 23238

Fax: 717-547-8515

Email: emelton@selectmedical.com

Cancellation Policy: Written notification of cancellation 10 days prior to course date – Refund request will be honored (less \$50 processing fee). Cancellation notification within 10 days prior to the course will result in full forfeiture of tuition amount. Select Medical reserves the right to cancel this program. In the event of course cancellation, a full refund will be given.

QUESTIONS: If you have questions, please contact course Coordinator, Erin Melton:
emelton@selectmedical.com.

Enrollment for SELECT MEDICAL EMPLOYEES only
<https://opcentral.selectmedical.com/cems/>