NATA 2026
NATIONAL ATHLETIC TRAINERS' ASSOCIATION
CLINICAL SYMPOSIA & AT EXPO
June 29 – July 2 | Philadelphia

77th NATA Clinical Symposia On-Demand

Clinical Management of Pediatric Shoulder and Elbow Injuries: Tools for the Athletic Trainer

Abstract:

Pediatric shoulder and elbow injuries present unique diagnostic and treatment challenges due to immature anatomy and injury patterns distinct from adults. With increased youth participation in overhead sports, this session will review common conditions such as physeal fractures, apophysitis, ligament injuries, osteochondritis dissecans, and instability. We will discuss both surgical and non-operative treatment options, using evidence-based research to guide clinical decision-making. Emphasis will be placed on pediatric-specific exam techniques, imaging interpretation, and management strategies. Attendees will enhance their ability to assess, treat, and rehabilitate these injuries, while improving patient and family education to support optimal outcomes in this population.

Learning Objectives:

- Identify common pediatric shoulder and elbow injuries, including physeal fractures, apophysitis, ligamentous disruptions, and instability, and differentiate them from adult presentations.
- Apply pediatric-specific examination techniques and interpret relevant imaging findings to support accurate diagnosis and treatment planning.
- Evaluate evidence-based conservative and surgical management strategies tailored to the pediatric upper extremity population.
- Develop individualized rehabilitation plans in collaboration with multidisciplinary teams, while enhancing patient and family education to improve adherence and outcomes.

Schedule and Format:

Available On-Demand on NATA EducATe starting July 31, 2026.

NATA Cancellation/Refund Policy:

Cancellation/refund requests for 2026 Blended Learning sessions must be emailed to membership@nata.org **prior to May 31, 2026**. Refunds will be credited back to the original payer via the method they were received. Blended learning sessions are non-refundable beginning June 1, 2026. Complete 2026 NATA Symposia Refund Policy Information can be found at convention.nata.org.

boc
APPROVED CE PROVIDER FOR THE ATHLETIC TRAINER

The *BOC Approved Provider Name* is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.

Program Faculty and Credentials

Matthew Brewer
MS, LAT, ATC

Contact Hours

(CEUs that will be made available)

1.0 CEUs

Fee(s)

Must be purchased as a package

$499 for Professional Members
$849 for Nonmembers
$349 Certified Student Member
$99 Student Member (no CEUs)
$0 Retired Certified, Licensed or Honorary

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1620 Valwood Parkway
Suite 115
Carrollton, TX 75006
214-637-6282

www.nata.org | educate.nata.org