

How do I register?



By Phone:
Call **800-791-0262** and provide the information requested on the registration form.



By Mail:
Complete the registration form and mail it to **Motivations, Inc.**



On the Web:
Visit www.motivationsceu.com to register!

Motivations, Inc.
Or fax: (815) 371-1499, Questions? (800) 791-0262

Updated:10-1-26

Prices	Self-Study
Group Discount – Five or more registrations	\$200
Individual Registration	\$250

Course # Course Title

Date(s) Location

Name On Card Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Circle One: VISA MASTERCARD AMEX

Name on Card _____

Account Number _____ Exp. Date _____

Signature _____ Billing Address Zip Code _____



Motivations CEU
Accredited Courses for Rehabilitation Professionals

P: (800) 791-0262
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Web Conference/SELF-STUDY #7300 Dr. Liesa Ritchie on Pediatric Lower Extremities and Foot Intervention Approaches

Instructor:
Liesa Ritchie-Persaud, PT, DPT, PCS

**A Workshop for Physical Therapists and Assistants and
Athletic Trainers**

12 hours

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SUMMARY: Do you want more ideas on how to treat the child's foot and lower extremities? Dr Liesa Ritchie is one of the nations most informed pediatric lower extremity and foot course instructors. This combination of content will raise your standards and bring a higher level of results to your pediatric foot referrals.

The course content includes:

#7367 Why Fuss Over A Flat Foot (& other pediatric problems!)

#7368 The Pediatric Foot Part 2: Development, Function, Assessment & Intervention

#7376 Pediatric Lower Extremity Torsion: Assessment & Intervention

#7383 Intervention for the Young Foot

There are many ways to intervene in order to improve alignment, strength, mobility, & stability! See the brochure for a full description of the agenda. This comprehensive look at peds treatment cover a broad range of concerns.

The primary focus of this course is clinical relevance & application. As a result, the clinician will be better able to provide the appropriate intervention. Course instruction method includes: Lecture, demonstration, videos, and question/answers

PRESENTER: Liesa M. Ritchie (formerly Persaud), PT, DPT, PCS, is a licensed physical therapist with 33 years experience in the field of pediatric therapy. Liesa is the owner of Know To Change, an organization dedicated to advancing the knowledge & skills of clinicians in pediatric practice. Both nationally and internationally, she has educated healthcare professionals in advanced treatment techniques, performed specialized practical training and provided consultative services. Liesa has worked in a variety of settings, including private pediatric clinics, schools, private homes, hospitals and long-term care facilities, as well as facilities overseas. Dr. Ritchie is a Credentialed Clinical Instructor and also taught human anatomy, physiology & nutrition. She received her Associate's Degree in 1993 and worked as a physical therapist assistant while obtaining her Bachelor of Science Degree in Organizational Leadership from Southern Nazarene University in Tulsa, Oklahoma. Dr. Ritchie earned her Master's Degree in Physical Therapy from the University of Findlay in Findlay, Ohio in 2003 and continued to expand her expertise in the field. She received her post-graduate Doctorate from Rocky Mountain University of Health Professions in 2011 and is a Board Certified Specialist in Pediatric Physical Therapy. Liesa's passion for helping others extends into her private life. She has volunteered as a Call Rape Advocate and Salvation Army Volunteer. Her passion for travel has led her to teach & treat overseas in Australia, New Zealand, Turkey, the Arab Emirates & Mexico, in addition to organizing & participating in mission work in Mexico, Ukraine & Palestine. Liesa's wide range of clinical experience, organizational leadership, proficient teaching skills, motivation to improve the standard of care, and enthusiasm & passion for her field, make her an exciting and compelling instructor. *Financial*— Received a teaching honorarium and reimbursement for travel expenses from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

FORMAT: This is a 12-hour lecture/discussion course equivalent to 12 or 1.2 CEUs. Motivations Inc is an approved provider by **The Texas Chapter of the APTA** and meets the guidelines for numerous other states. See our website for the listing of PT approved states.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 12 Category A hours/CEU's.

AGENDA:

#7367 Why Fuss Over A Flat Foot (& other pediatric problems!)

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Define the Relationship Between Foot Position & Core Recruitment
2. Compare the Differences Between Growing Pains & Biomechanical Etiologies
3. List 3 intervention Strategies to address pediatric lower extremity malalignment

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post-test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- (20 mins) Lower Extremity Alignment: significance & relevance to early child development
- (10 mins) Ossification: a important timeline!
- (10 mins) Pain: is it poor alignment or growing pains?
- (30 mins) History of Use & Sensorimotor Function: significance & relevance to established movement patterns

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- (10 mins) Foot Position & Core Recruitment: a necessary relationship
- (25 mins) Function: frontal plane stability, base of support, muscle balance, over all balance, coordination, & postural control
- (15 mins) Q & A

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.

#7368 The Pediatric Foot Part 2: Development, Function, Assessment & Intervention

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Define age appropriate foot development as relates to the child's lower extremity alignment & gait
2. Name 3 features of ideal boney architecture
3. Choose 2 features of ideal foot position that improve function

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post-test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- (30 mins) Significance: ideal pediatric foot position & function, physiological adaptation & future affects of malalignment
- (30 mins) Age Specific Considerations: clinical assessment at specific stages of gait development, with relevance to stability, postural control & balance
- (30 mins) Intervention: therapeutic activities, orthoses, taping, & shoes
- (15 mins) Questions That Caregivers Ask: with answers!
- (15 mins) Q & A

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.

#7376 Pediatric Lower Extremity Torsion: Assessment & Intervention

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Choose 2 assessment techniques for In Toeing
2. Define how to discern between femoral torsion & excessive medial hip rotation
3. List 2 methods of intervention for Out Toeing

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post-test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- (30 mins) Terminology: torsion or rotation...medial or internal??? Language Simplification!
- (45 mins) Assessment: etiology & measurement of torsional conditions
- (30 mins) Intervention: etiology-appropriate interventions
- (15 mins) Q & A

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.

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#7383 Intervention for the Young Foot

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Name 1 kinesiology taping application to address foot position
2. Define how to modify a shoe insert to address rear foot alignment
3. List 2 Therapeutic Activities for foot strengthening

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post-test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- (15 mins) Reasons to Intervene: Future Function!
- (30 mins) Kinesiology Taping: techniques to improve alignment & ability
- (30 mins) Therapeutic Activities: strength, mobility & function
- (30 mins) Shoe Modifications: alignment & the sensory-motor connection
- (15 mins) Q & A

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.