NATA 2026
NATIONAL ATHLETIC TRAINERS' ASSOCIATION
CLINICAL SYMPOSIA & AT EXPO
June 29 – July 2 | Philadelphia

77th NATA Clinical Symposia On-Demand

Chronic Traumatic Encephalopathy: State-of-the-Science and Prioritizing Athlete Brain Health

Abstract:

Contact and collision sport athletes who sustain repetitive head impacts (RHI) are at increased risk for neurodegenerative diseases, such as chronic traumatic encephalopathy (CTE) as they age. Athletic trainers increasingly are faced with questions from athletes, coaches, and parents concerned about sport-related head trauma and the ramifications for short- and long-term brain health. There remain significant gaps in understanding who is at greatest risk for diseases like CTE and our ability to diagnose CTE during life. Closing these gaps is essential for providing accurate education to athletes, implementing primary and secondary prevention strategies, and ultimately developing therapeutics. Athletic trainers play a unique role in communicating the state-of-the-science to their athletes and advocating for athlete health both during and after their playing careers.

Learning Objectives:

- Identify the difference between neurodegenerative diseases (e.g., CTE, Alzheimer's disease) and changes in cognitive or behavioral function (mild cognitive impairment, dementia).
- Describe the current state of knowledge around CTE risk factors.
- Recognize opportunities for primary and secondary prevention of RHI-related brain health risks.
- Express education and awareness plans for at-risk athletes concerned about aging brain health.

Schedule and Format:

Available On-Demand on NATA EducATe starting July 31, 2026.

NATA Cancellation/Refund Policy:

Cancellation/refund requests for 2026 Blended Learning sessions must be emailed to membership@nata.org **prior to May 31, 2026**. Refunds will be credited back to the original payer via the method they were received. Blended learning sessions are non-refundable beginning June 1, 2026. Complete 2026 NATA Symposia Refund Policy Information can be found at convention.nata.org.

boc
APPROVED CE PROVIDER FOR THE athletic trainer

The *BOC Approved Provider Name* is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.

Program Faculty and Credentials

Breton Asken
PhD, ATC

Contact Hours

(CEUs that will be made available)

1.0 CEUs

Fee(s)

Must be purchased as a package

$499 for Professional Members
$849 for Nonmembers
$349 Certified Student Member
$99 Student Member (no CEUs)
$0 Retired Certified, Licensed or Honorary

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