

77th NATA Clinical Symposia On-Demand

VITAL INFORMATION FOR ATHLETIC TRAINERS FROM THE NATA UPDATED INTER-ASSOCIATION CONSENSUS STATEMENT ON PSYCHOLOGICAL CONCERNS IN COLLEGIATE STUDENT-ATHLETES: ANTECEDENTS OF RISK TO MENTAL HEALTH

Abstract:

Student-athletes are not immune from mental health disorders and other psychological concerns. Athletic trainers should understand the role of antecedents of risk to the mental health and wellness of the student-athlete. The updated NATA Inter-Association Consensus Statement on Psychological Concerns in Collegiate Student-Athletes provides evidence on antecedents of risk to mental health. The antecedents of risk that the athletic trainer should be aware of in the student-athletes are: Social Determinants of Health challenges, Adverse Childhood Experiences (ACEs), and traumatic events. This presentation will provide data, and practical information on these antecedents of risk in developing a psychological concern in student-athletes.

Learning Objectives:

- Describe the effects faced by an individual who experiences challenging social determinants of health.
- Recognize Adverse Childhood Experiences (ACEs) and the effect ACEs have on the mental health of a student-athlete.
- Analyze the effect psychological trauma has on the student-athlete that makes them at risk for mental health disorders.
- Consider effective approaches in discussing antecedents of risk to mental health with student-athletes.

Schedule and Format:

Available On-Demand on [NATA EducATe](https://www.nata.org/educate) starting July 31, 2026.

NATA Cancellation/Refund Policy:

Cancellation/refund requests for 2026 Blended Learning sessions must be emailed to membership@nata.org prior to May 31, 2026. Refunds will be credited back to the original payer via the method they were received. Blended learning sessions are non-refundable beginning June 1, 2026. Complete 2026 NATA Symposia Refund Policy Information can be found at [convention.nata.org](https://www.convention.nata.org).



The BOC Approved Provider Name is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.

PROGRAM FACULTY AND CREDENTIALS

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CONTACT HOURS
(CEUS THAT WILL BE MADE AVAILABLE)

1.0 CEUs

FEE(S)

Must be purchased as a package

\$499 for Professional Members
\$849 for Nonmembers
\$349 Certified Student Member
\$99 Student Member (no CEUs)
\$0 Retired Certified, Licensed or
Honorary



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